

Module 10

Failure



Exercise / Module 10 / Failure

“There are two parts to any failure: there is the event itself, with all its attendant disappointment, confusion, and shame, and then there is our reaction to it. It is this second part that we control.” — Ed Catmull, *Creativity, Inc.*

Two Parts to Failure:

1. The Act
2. Our Reaction

Let's deal with Part 1: The Act

Notes:

“Left to their own devices, most people don't want to fail. But Andrew Stanton isn't most people. As I've mentioned, he's known around Pixar for repeating the phrases “fail early and fail fast” and “be wrong as fast as you can.” He thinks of failure like learning to ride a bike; it isn't conceivable that you would learn to do this without making mistakes—without toppling over a few times. “Get a bike that's as low to the ground as you can find, put on elbow and knee pads so you're not afraid of falling, and go,” he says. If you apply this mindset to everything new you attempt, you can begin to subvert the negative connotation associated with making mistakes. Says Andrew: “You wouldn't say to somebody who is first learning to play the guitar, ‘You better think really hard about where you put your fingers on the guitar neck before you strum, because you only get to strum once, and that's it. And if you get that wrong, we're going to move on.’ That's no way to learn, is it?”

— Ed Catmull, [Creativity, Inc.: Overcoming the Unseen Forces That Stand in the Way of True Inspiration](#)

Baby Example.

Thomas Edison, who famously said of his countless fruitless attempts to create a feasible lightbulb: “I have not failed, I've just found 10,000 ways that won't work.”

Learned Fear of Failure

“Mistakes aren’t a necessary evil. They aren’t evil at all. They are an inevitable consequence of doing something new.” — Ed Catmull, Creativity, Inc.

What do we learn from this?

1. Failure is a _____, necessary part of the _____ process.
2. We don’t need to _____ failure.
3. We need to _____ from failure.
4. Do the _____ _____ to derive _____ out of our failure.

Notes on TedxTalk:

“Failure is the scaffolding that holds up our success” Barbara Bogatin, Cellist in the San Francisco Symphony

Healthy responses to failure:

“In my experience, creative people discover and realize their visions over time and through dedicated, protracted struggle.” — Ed Catmull, Creativity, Inc.

Let's Deal with Part 2: Our Reaction

Notes:

2 Parts to our reaction:

1. Your _____ an _____.
2. Your _____ to that _____.

How do you react to failure? Is it healthy or unhealthy?

What is the solution for you to overcome your unhealthy reactions to failure?

Do you fail artistically?

When?

Why?

Healthy Solution:

Do you fail interpersonally?

When?

Why?

Healthy Solution:

Do you fail economically? In your business decisions?

When?

What is the cost to you? Your business? Your family?

Healthy Solution:

Homework / Module 10 / Failure

1. Go back over Module 10's exercise, spend time in deep prayer and reflection. Make sure you apply the Gospel to yourself and your work. Be sure to complete each part of the work thoroughly.
2. This is catch up time, be sure to come up to date with all that has been required of you. Finish all your projects related to Catalyst.
3. Find any testimonials you have from the past and bring to the next session.
4. Create a list of all the people you believe would and could give you an excellent, testimonial or endorsement.
5. Like, follow or sign up for your fellow Catalyst Members pages, emails, social media subscribes and likes, etc.
6. Take your weekly time to pray regularly for your career success and for fellow Catalyst members and their success and spend time with the Lord.